

Central Connecticut Health District

Four-Town Walking Competition

Instructions for WalkingWorks website

**EVERY participant must register for steps to count for the town total.**

1. Go to WalkingWorks.com or use Mobile App
2. Click on Register Now
3. Complete the required information boxes
  - a. Last name
  - b. First name
  - c. Password {must be at least 8 characters long, include one upper case character, one lower case character, one number and one special character (for example: !, % @)}
  - d. Confirm password (Make sure you record your password somewhere!)
  - e. Email
  - f. Zip Code
4. IMPORTANT: ALL participants need to click on button “I am participating with my company” even if you are participating as an individual.
5. Under “Plan”, click on the arrow at the right side of the box.
  - a. Scroll down to Connecticut, Anthem Blue Cross and Blue Shield
  - b. Hit Enter
6. Under “Program”
  - a. Click on the arrow at the right side of the box. If you are participating as an individual, select your town – individual users
    - i. It will look like this using Rocky Hill as an example:  
Town of Rocky Hill- INDIVIDUAL USERS
  - b. If you are participating on a team, select your town
    - i. Under “Team”, your Team name should be listed. Scroll through the names and click on your team name. If your team name was not reported by May 23<sup>rd</sup> to your town contact person, please sign up as an individual user.